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To: Texas Workers' Compensation System Participants

From: Mary Landrum, Deputy Commissioner for Operations

Date: [September 18, 2026](#)

Subject: Required training on the newly adopted return-to-work guidelines

The Texas Department of Insurance, Division of Workers' Compensation (DWC) has amended [28 Texas Administrative Code Section 137.10](#) to adopt the disability duration values in the ODG by MCG, published by MCG Health, as DWC's return-to-work guidelines for evaluating expected or average return-to-work timeframes. The amendments apply to any determination of an injured employee's ability to return to work conducted on or after October 1, 2026.

Since the ODG by MCG treatment guidelines subscription already includes access to the return-to-work guidelines, the amendments will allow system participants to use the ODG by MCG services they already subscribe to.

Training

DWC will host two Zoom training webinars for designated doctors, treating doctors, certifying doctors, and other system participants on September 25, 2026, at 10 a.m., Central time, and on September 28, 2026, at 12 p.m., Central time.

To fulfill their role in the Texas workers' compensation system, designated doctors must:

- Subscribe to the adopted treatment and return-to-work guidelines;
- Attend one of the Zoom training webinars or view the recording of the training; and
- Complete an online [attestation form](#).

Zoom information

Follow the Zoom link below to access the one-hour training.

Topic: RTW Guidelines Training

Time:

- Sep 25, 2026, 10:00 a.m. Central time.
- Sep 28, 2026, 12:00 p.m. Central time.

Meeting link:

<https://tdi-texas.zoomgov.com/j/1653203186?pwd=bCi5V85pcQwp2mls1zjU6J8kd6M9qc.1>

Meeting ID: 165 320 3186

Passcode: 200932