

Texas Department of Insurance
Division of Workers' Compensation



Medical Quality Review
CY 2018 Annual Audit Plan

December 27, 2017

Section I: General Statement and Overview

The Texas Department of Insurance, Division of Workers' Compensation (TDI-DWC) is required by Texas Labor Code §413.002 to "monitor health care providers, insurance carriers, independent review organizations, and workers' compensation claimants who receive medical services to ensure the compliance of those persons with rules adopted by the Commissioner relating to health care, including medical policies and fee guidelines." TDI-DWC will manage the medical quality review process in a manner that is fair, open, and transparent to all workers' compensation system participants to the extent consistent with state confidentiality laws, and provide the subject of a review the opportunity to participate throughout the medical quality review process.

Pursuant to 28 Texas Administrative Code (TAC) §180.68, the medical quality review process is medical case review initiated on the basis of complaints, plan-based audits, or monitoring as a result of a consent order and performed in accordance with criteria adopted under Labor Code §413.05115. TDI-DWC's Medical Advisor oversees the medical quality review process conducted by the Medical Quality Review Panel (MQRP).

The MQRP aides TDI-DWC in monitoring compliance with the Texas Workers' Compensation Act and TDI-DWC rules, and helps ensure injured employees in the workers' compensation system receive medically necessary and appropriate health care that is timely and cost-effective and facilitates functional recovery and appropriate return-to-work outcomes.

Section II: Purpose

- Promote the delivery of quality health care in a cost-effective manner, with emphasis on injured employee safety.
- Ensure that health care providers adhere to medically accepted standards of care.
- Support return-to-work outcomes and avoid unnecessary disability.

Section III: Scope, Methodology, and Selection Criteria

For each category within the *Medical Quality Review Annual Audit Plan* (Audit Plan), the Medical Advisor and TDI-DWC staff will define the scope, selection criteria, and individual program area responsibilities for a plan-based audit. TDI-DWC will obtain system participants input on the development of each individual plan-based audit proposal within the Audit Plan. Each individual plan-based audit proposal shall specify the program area(s) responsibilities for all relevant steps and include specific procedures for each step, including but not limited to the following:

- inclusion and exclusion criteria,
- service time frame to be audited,
- sample size, and
- subject and case file selection.

The basis for determining the medical necessity and appropriateness of health care services is pursuant to the Texas Labor Code, 28 TAC Chapter 180, Subchapter C, and the medical quality review process.

Section IV: Review Categories

- Appropriateness of a health care provider's decision and recordkeeping for prescribing opioids.
- Appropriateness and necessity of health care providers (excludes designated doctors) referring for testing which potentially includes the review of specific services such as muscle testing, range of motion (ROM) testing, needle electromyography (EMG), nerve conduction tests.

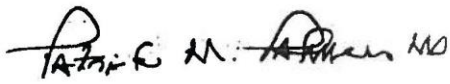
The Audit Plan may be modified by the Medical Advisor if deemed necessary. Any recommended changes must be approved by the Commissioner of Workers' Compensation prior to adoption.

Section V: Conflicts

The Audit Plan incorporates the approved medical quality review process. However, if a specific conflict exists between this plan and the medical quality review process, this plan prevails.

Section VI: Approvals

This 2018 Medical Quality Review Annual Audit Plan is respectfully submitted by:



Patrick Palmer, M.D.
Medical Advisor

12/27/17

Date

This 2018 Medical Quality Review Annual Audit Plan is respectfully approved by:



W. Ryan Brannan
Commissioner of Workers' Compensation

12/28/17

Date